

“Broken” - LESSON 1

“Broken Bodies”

Main Focus:

God can heal our bodies when they are broken by sickness!



Power Verse:

“...for I am the LORD who heals you.”
- Exodus 15:26



Whatchagaddaknow:

“God Has The Power To
Heal The Sick!”

LEADER’S INFO

Sickness happens. It’s just a part of living here on Earth. Our bodies aren’t perfect, and when they break down, we need God’s help to have our broken bodies put back together again.

In this lesson, children will learn about how the disciples assumed that a blind man (or his parents) must have done something wrong in order for him to blind. Jesus said, “It’s not like that at all.”

Then, Jesus healed the blind man so that God’s glory would be revealed. That’s the kind of God He is. He heals BROKEN bodies—not always right away, but in His timing.

When we are sick, we must pray and believe, and God will answer according to His will and in His timing.



“The Spark” Intro Video

“Humpty Dumpty Blues”



“Whatchagaddaknow” Video

Alexis teaches “Whatchagaddaknow”



Character Skit

“Clumsy Cooper”



Offering Time



Game Time!

“Put It Back Together”



Bible Story

“Jesus Heals A Blind Man”



Power Verse Video

“...for I am the LORD who heals you.”

- Exodus 15:26



Call To Action

“Broken Bodies”



Rewind!

Review Game



Small Group Experience

Main Focus:

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Power Verse:

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Whatchagaddaknow:

“God Has The Power To Heal The Sick!”

Lesson 1 Materials Needed:

“The Spark” Intro Video

- “Lesson 1 - The Spark” Intro Video

“Whatchagaddaknow” Video

- “Whatchagaddaknow” Teaching Video
- “Whatchagaddaknow” Trigger Video

Character Skit

- “Clumsy Cooper” Theme Graphic/Music
- A Bandage
- A Chair

Offering Time

- “Offering Time” Bumper Video

Game Time!

- “Game Time!” Bumper Video
- “Put It Back Together” Graphic
- 2 Kid’s Puzzles

Bible Story

- “Jesus Heals A Blind Man” Graphics

Power Verse Video

- “Lesson 1 Power Verse” Video

Call To Action

- “Broken Bodies” Graphics
- A Glass Of Spoiled Milk
- A Rusty Piece Of Metal
- Two Identical Squares Of White Silk
- Scissors
- A Change Bag Illusion

Rewind!

- “REWIND!” Bumper Video
- “REWIND!” Lesson 1 Graphics

Small Group Experience

- Bible Story Print Piece
- Donuts
- Paper Plates
- Various Supplies (Tape, Paper Clips, Craft Sticks, Yarn, Etc.)
- A Way To Keep Time
- Exodus 15:26 Print Piece
- Pencils, Crayons, Or Markers

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Game Time!

“Put It Back Together”

Bible Story

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Review Game

Small Group Experience



Introduction to “The Spark” Intro Video

Leader: Hey, kids! Today, we are starting a series called “Broken.” I think you are really going to like it.

Have you ever had something you really loved that ended up broken? Maybe you let your brother or sister borrow your favorite toy, but they didn’t take care of it. It ended up broken, and now you no longer have a toy. That’s a bummer, isn’t it?

Or maybe you were helping your mom set the table and were carrying a special dish that she really cared about. You didn’t notice the family dog walking right in front of you, and you ended up tripping and dropping the plate. There it sat...broken on the ground. You felt terrible, but there was nothing you could do - it was in hundreds of pieces.

When things are broken, it is very sad. Keep that in mind as you watch this video...

(play “The Spark - Intro Video Lesson 1”)

Leader: Humpty Dumpty sure had a bad day, didn’t he? There he lay - on the ground, broken. All the king’s horses and all the king’s men couldn’t put Humpty Dumpty back together again. He was broken and hopeless.

God has the power to take the broken things in our lives and put them back together. When our bodies are broken - whether it is a bone or something even more serious - God has the power to heal.

We will learn all about that today. Right now, it’s time to find out “Whatchagaddaknow.”

(play “Whatchagaddaknow” Teaching Video)



CHARACTER SKIT

Character: “Clumsy Cooper” (Cooper is a sort of nerdy guy that is very accident prone. Every week he falls and “breaks” something. He is always apologizing for being so clumsy.)

Cooper: (has a bandage on his head; tripping over a few things as he enters) Oh, sorry about that! Um, hi, my name is Cooper. Many people call me Clumsy Cooper - for obvious reasons.

Leader: Nice to meet you, Cooper. I don't want to call you clumsy, though. That doesn't seem very nice.

Cooper: Oh, don't worry. Before long you will! Anyway, it's great to meet you (goes to shake hands and falls over his own feet). See? I'm very clumsy! I'm so sorry! What did I trip over anyway?

Leader: Your own feet, I think...

Cooper: That happens quite often. When I was a kid, I would trip on my way to breakfast, on my way to school, and at school. It's just a way of life for me! I missed out on a lot of lunches because I would trip and throw it everywhere!

Leader: Wow! Maybe you should slow down and focus on what you're doing. You know, try paying more attention to your surroundings.

Cooper: Yes, I've heard that advice all my life. Believe it or not, it's even worse when I slow down! You know, sometimes I use humor to get my mind off of my clumsiness.

Leader: Well, at least you have a sense of humor about it. Does that mean you like telling jokes?

Cooper: Yes! Like this one - I heard that Jesus was clumsy.

Leader: Jesus was clumsy? Why do you say that?

Cooper: Well, didn't He “break” some bread?

Leader: Ha! I see! That was pretty good.

Cooper: What is one country that I should never visit?

Leader: Hmmmm, I have no idea.

Cooper: China! Get it? I would....

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CHARACTER SKIT

(continued)

Leader: Break all the China. Yes, I get it! Haha!

Cooper: Did you know that I found this great website that's only for clumsy people?

Leader: No way! How did you find it?

Cooper: I just “stumbled” across it!

Leader: You got me on that one! I can see how laughing about it could help you in your situation.

Cooper: Well, I'm glad that I stumbled in here today. Do you mind if I sit for a while?

Leader: Sure, go ahead. *(make sure there's a chair close by)* There's a chair right behind you.

Cooper: *(misses the chair and falls to the floor)* I think I'll just stand!

Leader: That's a great idea, Cooper. We don't need any broken bones in here today.

Cooper: Speaking of broken bones, one thing my family and friends never say around me is “break time!” It takes on a whole new meaning with me! And NEVER ask me to dance! Last time I danced, I ended up clearing the entire dance floor, including the band! They fell like dominos! I kind of ruined the whole wedding party.

Leader: At least you got some wedding cake!

Cooper: That's why I have this bandage on my head! My head hit the drum cymbal, which then flew off and knocked over the cake! It was a nightmare!

Leader: Woah! Maybe you should be called Chaos Cooper! But I have some good news for you!

Cooper: Please!

Leader: God has the power to fix our brokenness, no matter what it is. That's what we're learning in here today. There is nothing too hard for God, but we must believe that He can fix it!

Cooper: Oh, I want to hear this, but I'd better go to another room and listen. Nice to meet all of you! My name is Cooper, and I'm just trippin' my way through life! See you soon! Bye!

(EXITS WHILE HIS THEME MUSIC PLAYS)



GAME TIME

“Put It Back Together”

Items Needed For Game:

Two puzzles (20 pieces or less)

Preparation:

Choose an equal number of boys and girls to participate in this game.

How To Play:

Show the puzzles to each team (so they know what they are supposed to look like). Then, dump the pieces in front of them. When you say, “Go!” the teams work together to put their puzzle back together again.

The first team to complete their puzzle wins!

After The Game, Say:

“Just like this puzzle, our bodies may become broken and we may feel like we are in a million pieces. When that happens, God can put everything back together again. Today, we are going to learn how He can do just that.”



Bible Story

“Jesus Heals A Blind Man”

Materials Needed:

The graphic slides for Lesson 1; begin with the slide that says “Bible Story”; follow the instructions below, changing the slides to follow along with the story (*as shown*)

Preparation:

Familiarize yourself with the story in John 9:1-7; have your open Bible in your hands as you tell the story

The Story:

Today’s Bible Story is found in the book of John, chapter 9. (*show pic*) Jesus was walking down a road with all of His disciples. They came upon a man who was sitting beside the road. This man was born blind, which meant he had no way to make a living doing a job. So he spent most of his days begging for money.

One of the disciples asked Jesus, “Who sinned, this man or his parents, that he was born blind?” The disciples were asking this because that is what many people of Jesus’ time believed. They believed that people were only born blind or deaf or lame if they had sinned. Jesus knew this wasn’t the case.

So Jesus answered them, (*show pic*) “This happened so that the power of God could be seen in him.” Jesus knew that sometimes our bodies break down, but God has the power to heal! (*show pic*) Jesus knelt down beside the man and spit on the ground. Then, He began to make some mud out of the dirt and spit. He rubbed the mud on the man’s eyes. Can you imagine what everyone must have been thinking when they saw this?

After rubbing the mud on the man’s eyes, Jesus told him to go wash his eyes in a nearby pool. The man obeyed Jesus, (*show pic*) and when the mud was off his eyes, the man could instantly see! He began to celebrate that he could now experience life as he never could before. He once was blind, but now he could see.

Meanwhile, a group called the Pharisees came along. The Pharisees were the religious people who were always making rules for people to follow. They had made a rule that no one could perform a healing on the holy day of the Sabbath. They got upset with Jesus for healing this man because Jesus had broken their rule.

Jesus told them, “You are more blind than this man was.” Jesus was pointing out the fact that the Pharisees cared more that their RULE was broken than the fact that the man’s body was broken and needed healing. In your lesson today, you are going to learn all about how God can heal broken bodies! It’s going to be amazing!





Call To Action “Broken Bodies”

Materials Needed:

The “Broken Bodies” graphics; a glass of spoiled milk; a rusty piece of metal; two identical squares of white silk; scissors; a change bag illusion (*available at your local magic shop or online at www.lafinmagicstore.com*)

Preparation:

Begin with the slide titled, “Broken Bodies”; place the glass of spoiled milk and the rusty piece of metal somewhere out of sight until the proper time; pre-load one of the white silks into one side of the change bag; rehearse doing the “trick” with the change bag several times before attempting it

The Message: *(title slide)*



How many of you have ever been sick? (*allow response*) Have you ever been soooo sick that you thought you were just going to die? (*tell a story of when you were very sick so the kids will identify with it*) We’ve probably all been very sick. The fact is - our bodies naturally break down. It’s part of being in this sinful world.

There’s a natural process in the world that causes things to break down over time. Some things break down very quickly. Have you ever seen a glass of milk that has been left out for a couple of days? (*hold up the glass and hold your nose, making a big deal of how bad it smells*) It smells awful! It only takes a few days to spoil and break down into something you definitely do NOT want to drink. Yuck!

Have you ever seen a nail or piece of metal that has laid outside in the rain for a long time? It only takes a few weeks or months for it to break down and become completely rusted out. (*hold up the rusted piece of metal*) It’s just the way things are in the world. Things break down—including our bodies. As we get older, catch a virus, or have an injury, our bodies break down.

Some people don’t think that way, though. They think there must be some reason WHY someone is sick. Remember in our Bible Story how the disciples asked Jesus, “Teacher, who sinned to cause this man to be born blind. Was it his sin or his parents’ sin?” Isn’t that a crazy question? They wanted to know whose sin was the reason why this man was born blind. They thought either the man or his parents must have done something wrong in order for the man to “deserve” to be born blind. But Jesus set them straight. Jesus said, “Neither this man nor his parents sinned to cause this.” You see, Jesus was explaining to the disciples something we need to understand as well:

Sickness Happens *(slide)*



Sickness happens—to all kinds of people. It doesn’t mean you have done something wrong. Throughout the Bible we see all kinds of people who struggled with sickness. There was Lazarus, Jesus’ friend. He was a good
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Call To Action (Continued)

man, but he ended up dying. There was a lame man whose friends lowered him through the roof to see Jesus. There was a whole group of people with leprosy that came to Jesus for help. These are just a few. Sickness happens. It’s part of life. But there is something else we can learn that is very cool:

God Has The Power To Heal (slide)



Throughout the Bible, we see God healing people. Blind people regained their sight. Lame people got up and walked. Dead people were brought back to life. How can God do things like that? Well, because He is GOD! He created our bodies and formed us in our mother’s womb. If He can create our bodies from nothing, how many of you think He has the power to HEAL our bodies when they get sick or injured? (have the children raise their hands) Of course He can!

Let me show you what I mean. (pull out the change bag; make sure you have the pre-loaded white silk in the side that is closed off from sight) This bag is going to represent each one of us. (hold up the other white silk) This silk is going to represent our bodies. Most of the time, our bodies are whole and healthy. As you can see, there is nothing wrong with this silk. It’s whole and looks great. However, as we said earlier—sometimes sickness happens. (take the scissors and begin to cut up the silk into pieces) Sickness causes our bodies to become broken. It hurts. It’s discouraging. It’s very hard to deal with. Our bodies become broken, just like this silk. (take the pieces of silk and drop them into the bag—making sure you drop them into the empty side)

Here is the good news - God has the power to heal our broken bodies. (as you speak, without looking at the bag, gently move the trigger on the change bag to where it now has changed sides—the side with the broken silk is hidden from view, and the side with the pre-loaded whole silk is now open) God can take our broken bodies and make them completely and totally WHOLE! (Reach in and pull out the whole silk, showing it to be completely whole; then, turn the change bag inside out to reveal that there’s nothing else left inside. Of course, the audience doesn’t know that the “broken” silk is still in the bag, only hidden from view) God has the power to heal our broken bodies! Isn’t that amazing? All you have to do is...

Pray And Believe (slide)



James 5:15 says, “And the prayer offered in faith will make the sick person well; the Lord will raise him up...” All you have to do is pray and believe. God has the power to heal your broken body. Sometimes He heals in an instant. Sometimes He waits for His perfect timing. Many times, He chooses to wait until we reach Heaven where He can give us a perfect body with no pain or sickness. God’s healing power is available if you just pray and believe He has the power to heal our broken bodies.

ALTAR RESPONSE (play soft music)

Pray for those who are sick or have family members or friends who are sick. Pray and believe that God will heal them. Remind them to trust God’s timing and believe that He will heal when the right time comes.



REWIND!

Materials Needed:

“REWIND!” Lesson 1 Graphics; “REWIND!” Bumper Video

Preparation:

Play the “REWIND!” Bumper Video; Begin with the slide titled “REWIND!”; there is a slide for each question

1. Whatchagaddaknow today?

Answer: “God Has The Power To Heal The Sick!”

2. What was wrong with the man in today’s Bible Story?

Answer: He Was Blind

3. Who did Jesus say had sinned in order to cause the man to be born blind?

Answer: Nobody

4. What did Jesus put on the man’s eyes?

Answer: Mud

5. Who got upset that the man had been healed?

Answer: The Pharisees

6. Jesus said the Pharisees were more _____ than the man was.

Answer: Blind

7. According to our lesson today, “_____ Happens.”

Answer: Sickness

8. According to our lesson today, “God Has The Power To _____.”

Answer: Heal

9. According to our lesson today, in order to be healed we must “Pray And _____.”

Answer: Believe

10. Where was our Power Verse found?

Answer: Exodus 15:26