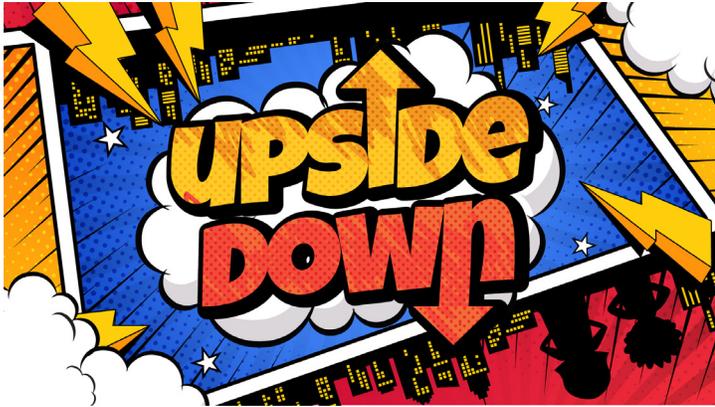




Preschool Lesson



Lesson 1: If You Want To Be Strong, Admit You Are Weak



Whatchagaddaknow:

“When I Admit I’m Weak, God Will Make Me Strong!”



Power Verse:

“...‘My grace is all you need. My power works best in weakness’...”

– 2 Corinthians 12:9

Before the Lesson

- * Collect the items for the activities you plan to use, referring to the Classroom Supplies and Lesson Manual Supplies listed in the chart.
- * Pray for your students and for God’s direction in teaching the class.

This Lesson at a Glance

Activity	Classroom Supplies	Lesson Manual Supplies
Bible Story - This week, the kids will learn from the story of Samson and how God gave strength for his final victory. (Judges 16)		Bible Story Pictures (pg. 7-10)
Hands-On Learning - The kids will learn that when they are weak, God is strong.	Piece of paper, Tape	
Craft Option # 1 - Bible Story Coloring Page	Crayons or markers	Bible Story Coloring Page Print Piece (pg. 11)
Craft Option #2 - Samson Craft	Crayons or markers, Scissors, Brads	Samson Craft Print Piece (pg. 12)
Craft Option #3 - God Will Make Me Strong Coloring Page	Crayons or markers	God Will Make Me Strong Coloring Page Print Piece (pg. 13)



Bible Story

Supplies Needed: Bible Story Pictures (provided on pg. 7-10)

Teacher Instruction: Before class begins, print the Bible Story Pictures. Have the children gathered around so they can see the pictures.

Say- Today's Bible Story is about a man named Samson. He is known as the strongest man in the Bible! Show me your strong muscles. (*flex your muscles along with the kids*)

-Allow time for response-

Say- Samson was strong because God gave him incredible strength!

Say- God told Samson that as long as he never cut his hair, he would be strong. Samson never cut his hair! It must have been very long!

Say- One day, Samson fell in love with a pretty woman named Delilah.

Say- Samson didn't know that his enemies had made a deal with Delilah. She was supposed to find out the secret to Samson's super strength.

Say- Sneaky Delilah finally tricked Samson. Samson told her the secret to his strength.

Ask- Do you remember the secret to Samson's strength?

-Allow time for the kids to respond-

Say- That's right! Samson's strength came from obeying God and never cutting his long hair.

Say- Delilah waited until Samson was asleep and CUT HIS HAIR! Oh no! When she did, Samson's strength left. He was weak, and the Philistines rushed in and captured him!

Say- The Philistines took Samson away, hurt his eyes and made him blind, and made him work very hard. (*show pic*)

Say- Samson was in BIG TROUBLE. He was weak, blind, and bound by chains.

Say- The Philistines decided to throw a huge party to celebrate their victory. At the party, the king's officials said to the prison guards, (*show pic*) "Bring out Samson so we can make fun of him!" It was so sad for Samson.

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Bible Story *(Continued)*

Say- When Samson arrived at the party, he asked the young servant to place his hands on the two pillars that supported the roof of the building so he could rest.

Say- While Samson was standing there, weak and blind, he looked up to Heaven and prayed, *(show pic)* “God, strengthen me one more time!”

Say- God gave Samson the strength he needed right then!

Say- Samson pressed the pillars as hard as he could so that the entire temple would collapse, *(show pic)* defeating his enemies once and for all!

Say- It worked! The temple came crashing down. God gave Samson the strength he needed!

Say- Today, you’re going to learn what Samson learned - when you are weak, God is strong!

Pray



Hands-On Learning

Supplies Needed: Piece of paper, Tape

Teacher Instruction: Before class begins, gather classroom materials. Have the children gathered around so they can see any illustration materials.

Say- Samson was so strong and brave. You might even think he was like a superhero!

Say- Super powers are awesome. If you could have a super power, what would it be?

-Allow time for response-

Say- You may wish to have super strength like Samson, but instead, you feel weak.

Say- That's okay! Remember - even Samson had weakness.

Say- The Bible says that, by ourselves, we are weak. *(pose like you are limp and weak)*

Ask- What does it mean to be weak?

-Allow time for the kids to answer-

Say- That's right! When you are weak, you are not very strong... like this piece of paper. *(show piece of paper)*

Say- This piece of paper is weak. It can't do much of anything! I think I will challenge this paper to stick to the wall.

Say- Okay, paper, stick to the wall. *(place the piece of paper on the wall, and then let it go so it falls to the ground)*

Ask- Did the paper stick to the wall? Did it stay up on its own?

-Allow time for response-

Say- No way! That is silly. Paper can't stick by itself. It needs something to give it strength.

Say- Okay, paper, let's try this again, but this time, I am going to give you some help. *(place a piece of tape on the paper, and stick it to the wall)*

Ask- Did the paper stick this time? Did it stay up?

-Allow time for response-

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Hands-On Learning *(Continued)*

Say- Sure it did! The paper had help. That paper needed the tape to stick and be strong.

Say- We are a lot like the paper. Without God, we are weak. We need God’s strength to help us in life!

Say- God is our secret weapon. His strength never runs out!

Say- When I admit I am weak, God will make me strong. Say that with me. *(say the phrase aloud with the kids)*

Pray



Craft #1: Bible Story Coloring Page

Supplies Needed: Bible Story Coloring Page Print Piece (provided on pg. 11); Crayons or markers

Teacher Instruction: Before class begins, print the Bible Story Coloring Page Print Pieces. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.

How To Do Craft - Kids can color freely as they choose.



Craft #2: Samson Craft

Supplies Needed: Samson Craft Print Piece (provided on pg. 12); Crayons or markers; Scissors; Brads

Teacher Instruction: Before class begins, print the Complete Samson Craft Print Pieces. Make sure you have enough craft pages for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for crafting.

How To Do Craft - Allow the kids to use crayons or markers to decorate a craft page. Cut out all the pieces, and use the brads to attach Samson’s arms. As you help with the craft, talk about how God gives us strength when we are weak!



Craft #3: Go Build And Share Coloring Page

Supplies Needed: Go Build And Share Coloring Page Print Piece (provided on pg. 13); Crayons or markers

Teacher Instruction: Before class begins, print the God Will Make Me Strong Coloring Page Print Pieces. Make sure you have enough for each kid to have one. Gather the classroom materials as well. Have the kids sit in an area that is appropriate for coloring.

How To Do Craft - Kids can color freely as they choose.





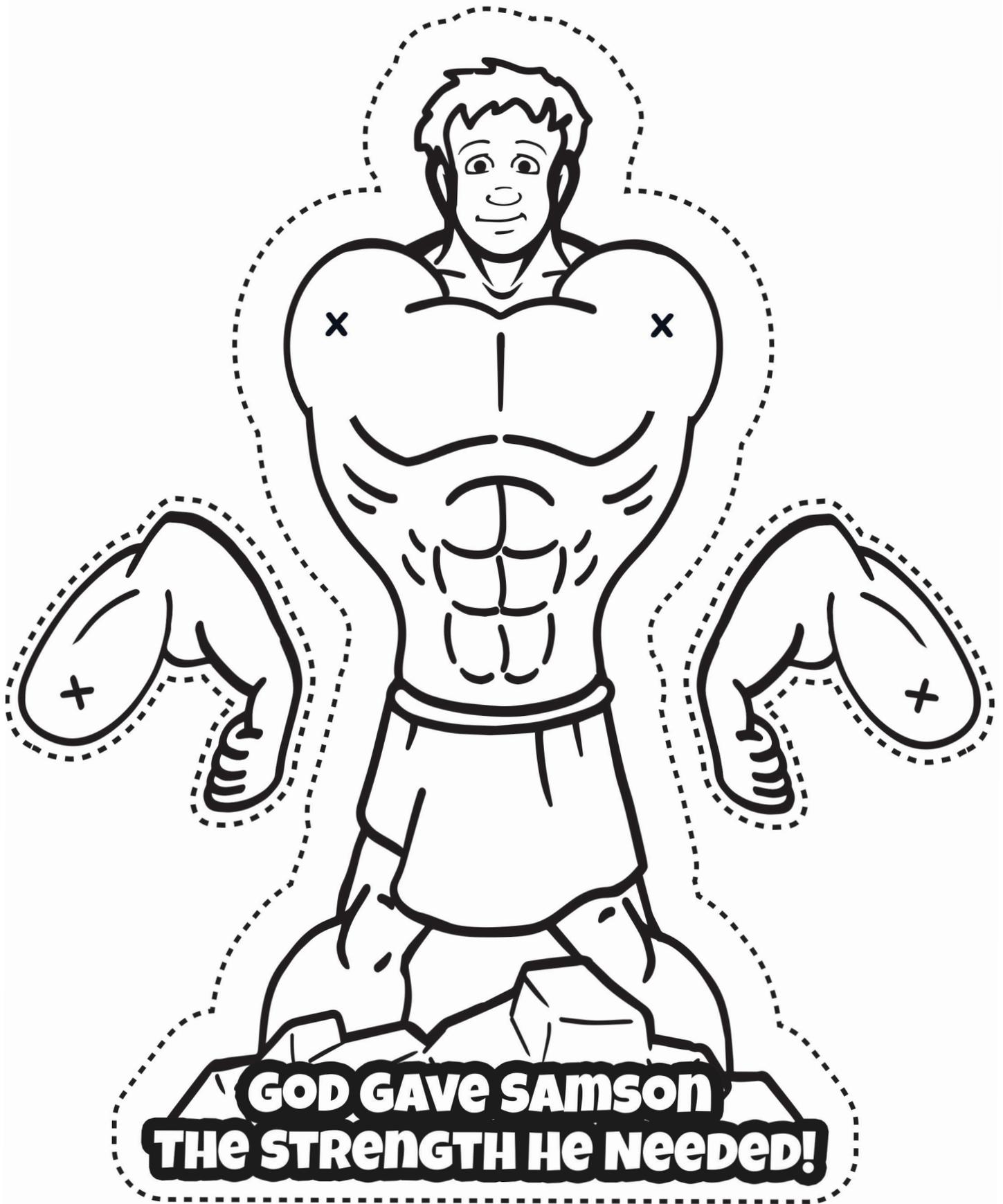
Bring out
SAMSON, so we can
make fun of him!

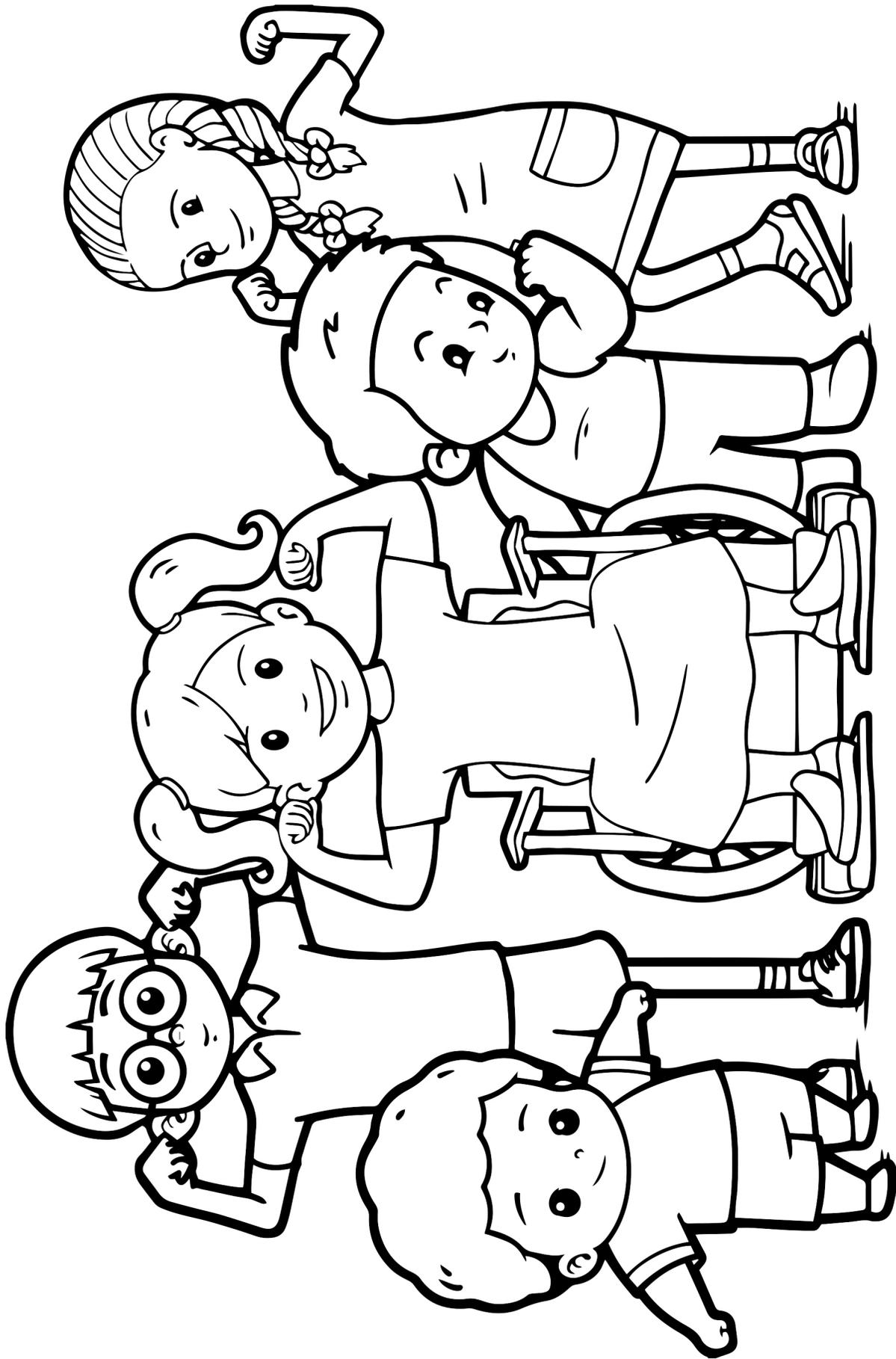






SAMSON ADMITTED HE WAS WEAK. GOD MADE HIM STRONG!





**WHEN I ADMIT I'M WEAK,
GOD WILL MAKE ME STRONG!!**